

# 2025 Team Formation Meeting



# SELECT

May 22, 2025

# HSA Hierarchy

*7th oldest Association  
in the state*

*Established in 1970*



# Who are we?



- *HSA Select is the youth select soccer program for the Highline Soccer Association*
- *HSA Select is a significant step up from recreational soccer that provides players the opportunity to develop skills and play competitive soccer*
- *We provide an alternative to local premier programs while balancing the commitment of time and money*

# Introduction

## HSA Select Committee

Tim McMonigle, HSA VP of Competition

Jamie Foulk, WSSC Secretary

Chris Braun, HSC VP of Competition

DOC - TBD

## 2025 HSA Select Coaches (16 teams)

Girls	Boys
2015 (GU11) – Lia Barros	2015 (BU11) – Brian Cadwell
2014A (GU12) – Tashena Shelland	2014 (BU12) – Joe Bhegani
2014B (GU12) – Brent Bonaci	2013 (BU13) – Amber Ronningen
2013 (GU13) – Ben Flint	2012 (BU14) – Alex Rodero
2012 (GU14) – Chris Templin	2011A (BU15) – Brent Bonaci
2010/11 (GU16) – Tom Hill	2011B (BU15) – Jacob Shelland
2007-09 (GU19) – Rustin Director	2010 (BU16) – Charlie Torres
	2009 (BU17) – Steve Turner
	2007-08 (BU19) – Paul Hagenon

# HSA Select Program Overview

- ***June to Dec/Feb***
- ***Train 2 days a week, ~ 90 minutes each session***
- ***Summer***
  - Tournaments
  - Goal Keeper Training
  - Fun events
- ***Fall***
  - North Puget Sound League (NPSL) – Sept-Dec (all teams except girl's HS)
  - Goal Keeper Training
- ***Winter***
  - Founder's Cup, encouraged - Jan-early Feb (all teams except girl's HS)
  - HS Girls (U15 and older): NPSL winter league (Dec-Mar)
    - GU15 – short fall dev league (Sept-Oct)
  - President's Cup (Boy's Dec-Mar, Girl's HS April-May)

# Program and Team Fees

## Program Fee - \$600

Goalkeeper Training	Referees
Practice and Game reserved field fees	3 match balls
Insurance	Tournament Fee credit (\$1200)
State Cups (Founder's Cup or President's Cup), paid by club	NPSL Fall League Registration Fee
Program Administration	

## Team Fees - \$100-\$400 (amount determined by team)

Uniform kit (~\$170)	
Additional tournament expenses (above the \$1,200 credit)	Additional team equipment (coach and goalkeeper equipment, warm-ups, backpack, extra training shirt, etc.)
Team trainer or camp	Other equipment (team bench, canopy, first-aid kit, supplies, other)
Practice balls	Team events

# Payment Options

Program Fee - \$600

Pay full amount when you register, OR

Payment Plan

\$200 due during registration

\$133 due on July 1

\$133 due on Aug 1

\$133 due on Sept 1

Team Fee – Variable (~\$100-\$400)

To be arranged with the team coach and manager

# Registration (from offer)

- Click the link in the Offer Email, OR
- Log in at [www.hsaselect.org](http://www.hsaselect.org)
- Choose to pay the full \$600 program fee, or sign up for the payment plan
- Please DO NOT create multiple accounts

# Medical Release Form

- Download the WYS medical release form from the HSA Select Resources page
- Fill out and give to the coach at the first practice

## RESOURCES

Please contact the [HSA Select Committee](mailto:hsaselect@gmail.com) at [hsaselect@gmail.com](mailto:hsaselect@gmail.com) if you have questions about our program.

### HSA Select Program

[Program Overview](#)

[Team Formation Presentation](#) (May 2021)

[Team Formation Recording](#) - Passcode: lZiy1nS# (May 2021)

### Team Resources

Coach & Volunteers - [Registering with HSA Select and completing RMA & Training](#)

[Head Coach Job Description](#)

[Team Manager Role](#)

[Team Manager's Game Checklist](#) (posted on [NPSL](#) site)

Team Treasurer Role (to be posted)

[Uniforms - How to Order](#)

Team Picture Day - held in September (link to be posted)

[Registering team for North Puget Sound League](#) (NPSL)

• *See guidance below for team naming convention, payment and deadlines*

[Affinity Handbook](#) (for managing team rosters in State Cup, using the Affinity system)

[Player Self Assessment Form](#) (WYS)

Download [PE Waiver form](#) ([MS Word doc](#)) (coach fills out for player, if requested)

### Policies and Procedures

[HSA Select Tryout Play Up Policy](#) (April 2021).

[HSA Select Fees](#) (2022-2023)

[Program Fee Refund Policy and fee for Late Player Addition to roster](#) (2022-2023)

[Playing Time Guidelines](#) (revised April 2019)

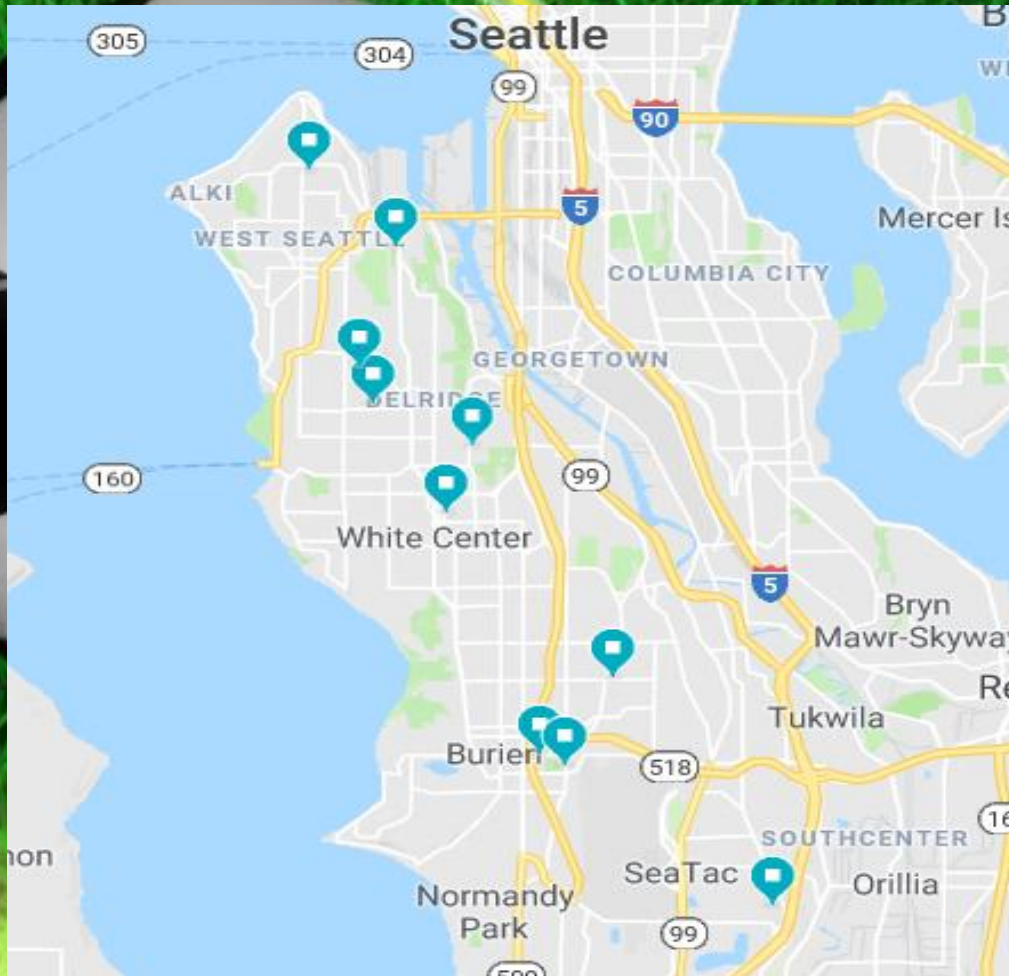
[Medical Release Form](#)

[Financial Assistance](#)

# Financial Assistance

- We offer financial assistance (beyond commitment fee) for the Program Fee
- Application process
  - Financial Assistance Application (linked from Resources page)
  - Application deadline is 5/31
  - Committee will review all applications and make awards as quick as possible, then provide coupon code for registration
- Funds are distributed among all families who qualify

# Training Fields



Hiawatha Playfield

Delridge Playfield

Walt Hundley Playfield

E.C. Hughes Playground

Highland Park

Madison Middle School

Evergreen HS

Steve Cox Memorial Park

North SeaTac

Highline Stadium

Glacier MS

Moshier Park

North Seatac Park

Valley Ridge

# Player Expectations

## PLAYERS

- Will play within the laws of the game and spirit of the game
- Will display self-control in all situations and will not use foul or abusive language at any time before, during or after a match or training session
- Will show respect towards the referee and his/her assistants as well as towards the opponents. They will not harass, abuse, or berate a referee for any reason
- Attend all training sessions, matches, tournaments, and meetings unless excused by the head coach
  - Show up 10 minutes early for practice and at least 30 minutes early for games
  - Absenteeism may result in loss of playing time during matches

# Player Expectations

- Come ready to train or play!
  - Designated HSA Select Attire
    - Training – HSA Select training shirt
    - Game – Home and Away kit, plus club training jacket (if purchased)
  - Cleats, shin guards, socks, water bottle, properly inflated soccer ball, warm clothing
- Focused Attitude
  - Come to training willing to give 100%
  - Encourage your fellow players
- Create a positive team environment
- Nutrition, well-balanced diet and staying hydrated

# Parent Expectations

- Encourage all players!
- Role model proper behavior
  - Make only positive or encouraging comments to players, coaches, game officials and spectators
  - Do not yell at players, coaches, game officials or spectators
  - Misconduct by a parent may result in coach, parent and/or player sanctions or suspension
- DO NOT coach from the sideline
- Encourage your *player* to take responsibilities for themselves, as follows:
  - Respect others, stay positive and listen
  - Arrive at training and matches on time
  - Wear proper attire
  - Communicate with the coach
  - Eat well, with proper nutrition and hydration
  - Be a 'student' of the game = watch all levels of soccer, ask questions, and practice on their own

# Coach Expectations

- Practices:
  - Arrive on field prior to the start of training
  - Be prepared to train for 90 minutes
  - Train to the top level of the team
- Games:
  - Arrive promptly for warmups prior to match kick-off
  - Communicate either directly or through team manager if running late
  - Follow [Playing Time Guidelines](#)
  - Be [SafeSport certified](#) (started in WYS in 2019-20)
- Communicate:
  - Communicate directly with player re: his/her development
  - Provide at least one written player evaluation
  - Encourage all players to challenge themselves
- General Behavior:
  - Create a positive environment for learning and treat players with respect
  - Do not yell at players, referees, opponents
  - Place player development above winning

# Conflict Resolution for Parents

## Concerns or Questions about Your Player

1. Player
2. Team Coach
3. HSA Select Director of Coaching (DOC)
4. HSA Select Committee
5. HSA Board

## Concerns or Questions about Team or Club

1. Team Manager
2. Team Coach
3. HSA Select DOC
4. HSA Select Committee
5. HSA Board

# Referee Abuse Prevention (RAP)

New 2025

## Non-Physical Abuse

Verbal Taunting includes 2-match minimum suspension for behavior that undermines a referee's authority

## Physical Abuse

Minor or Slight Touching 3-match or 1-6 months minimum suspension for minor deliberate touches that can make a referee feel unsafe

Policy includes significant multipliers for offenses against minor referees and for multiple offenses

Misconduct against Referees may occur before, during, and/or after the match, specifically when the Referee arrives at and/or departs the venue

While the policy does not include spectators, WYS policy treats spectators as the responsibility of the head coach

If spectators are abusive towards a referee or an assistant referee, the head coach receives punishment

# Referee Abuse Prevention (RAP)



## PENALTY OVERVIEW

The Penalties Matrix defines consequences associated with physical and non-physical offenses against Referees.

### NON-PHYSICAL OFFENSES of gross misconduct, abuse, and / or assault

NON-PHYSICAL*	MIN. GAMES	TIME
Insulting, Belittling, Insinuating or Taunting Behavior Undermining Referee Authority	2	
Harassment, Intimidation, Retaliation, Abusive, or Threatening (Non Physical) Language	4	
Aggression, Attacking, Derogatory, Cyberbullying, Doxing or Threatening (Physical / Violence) Language	6	6 - 24 Months
Offensive or Discriminatory Act	10	12 - 24 Months

### PHYSICAL OFFENSES of gross misconduct, abuse, and / or assault

PHYSICAL*	MIN. GAMES	TIME
Minor or Slight Deliberate Touching	3	1 - 6 Months
Pushing, Grabbing, Pulling, Squeezing, Pinching, Lightly Slapping, Use of Object in Non Striking Manner, or Physical Property Damage	10	6 - 24 Months
Hitting, Punching, Elbowing, Kicking, Biting, Spiting, Choking, Tackling, Throwing or Use of Object or Any Part of Body (Forearm, Knee, Head) in a Striking Manner		12 Months - Lifetime

(\* Disclaimer: These are only a few examples of abuse – other actions or statements may also fall into this category.)

### KEY PENALTY FACTORS

- Single offenses are at **minimum the prescribed game penalty or time penalty** for non red zone offenses
- Penalties can be **both game and time depending on severity** / circumstances
- Second time offenders receive **double punishment**
- Third time offenders receive a **lifetime ban**
- More than one offense at the same time is **at least the punishment for the most serious offense**
- Offenses against minors are automatically subject to a **“minor multiplier” resulting in triple punishment**
- **One offense warning per league** to be managed by states and leagues collaboratively
- Game consequences are **inclusive of 1 game penalty for any red cards given**
- Optionality for **50% penalty for first offense from a minor**

Please follow your current reporting structure – updated reporting procedure will be a part of Phase 3.

# 2025 Uniforms – Mandatory Items

## 3-YEAR GAME KIT (Flexible)



~\$170 when purchased as bundled kit  
Items may be purchased individually as well

# 2025 Training Tee

//HSA SELECT

3042 TEE  
COLORS



# 2025 Uniforms - Keepers



# 2025 Uniforms – Additional Player Gear



Training Top  
Warm-up top  
Warm-up bottom  
Rain Jacket  
Back-pack  
Beanie

# 2025 Warm-Ups

//HSA SELECT

7515 & 7553  
COLORS



# 2025 Rain Jacket and Backpack

//HSA SELECT

9314 & 7215  
COLORS



# 2025 Cuffed Beanie and Player Hoodie



# 2025 Uniforms – Online Ordering

2<sup>nd</sup> year of 3 year contract

- Uniform coordinator:
  - **Paul Hagenon** (HSA Select B08-Hagenon/BU19 coach)
- Uniform Try On will occur after this meeting, in the lobby
- Will record sizes on form – QR code on form points to our E-store
- ProTime E-Store link will be located on our Resources page
  - ***IMPORTANT! Confirm your players number prior to order***
- Questions?
  - Contact Paul at [pauljhagenon@gmail.com](mailto:pauljhagenon@gmail.com)

# 2025 Fan Gear!



# Potential Tournaments for HSA Select

## Summer 2025

Tournament	~Location	~Month
Spring Classic	Starfire, Tukwila	Mid-June
Rainier Challenge Girls	WPFC Complex, Puyallup	Mid-June
Rainier Challenge Boys	WPFC Complex, Puyallup	Late June
Tukwila Cup	Starfire, Tukwila	Late June
*Starfire Cup	Starfire, Tukwila	Early July
Cascade Cup (U11-U15 only)	Snoqualmie	Early July
Valor Kent Cornucopia	Various Kent fields	Mid-July
Starfire Sounders FC Cup	Starfire, Tukwila	Mid-July
*Crossfire Select Cup	60 Acres, Redmond	Late-July

HSA Select Updated Tournament list  
 Washington Youth Soccer sanctioned tournaments  
 Starfire tournaments

\* Tournament targeted for Select teams

# Potential Tournaments for HSA Select

## Summer 2025

Tournament	~Location	~Month
Snohomish Bigfoot	Stocker Field, Snohomish	Late-July
PacNW Blast Off	Various Federal Way fields	Early Aug
Xfire ZipFizz Cup	60 Acres, Redmond	Mid-Aug
Harbor Tye Cup	Gig Harbor	Mid-Aug
Extreme Cup	Starfire, Tukwila	Mid-Aug
Island Cup	Bainbridge Island	Mid-Aug
River Jam	WPFC Complex, Puyallup	Mid-Aug
Eastside Cup	Starfire, Tukwila	Early Sept
Starfire Labor Day Cup	Starfire, Tukwila	Early Sept
Cranberry Cup	Woodinville/Bothell	Late Nov
Starfire Collegiate Showcase	Starfire	Late Nov
PacNW Winter Classic	Starfire/Valley Ridge	Jan

HSA Select Updated Tournament list  
 Washington Youth Soccer sanctioned tournaments  
 Starfire tournaments

\* Tournament targeted for Select teams

# 2025 Fun Events!

- **Ashley Morrison, community rep (ashleynurse@hotmail.com)**
  - **WS Rhodies Youth Player Day – May 18<sup>th</sup>**
  - **HSA Select Community Day**
  - **Reign FC game**
  - **Seattle Sounders game**
  - **College game**
  - **Junction FC – HSA Select night end of June at SWAC**
  - **HSA Select Community Service**

**Teams are encouraged to plan events as well**

# 2025 Founder's Cup

## Founders Cup - 2 Champs

- G14-Bonaci - Girls U11 Silver Champions
- B11-Shelland - Boys U14 Silver Champions

# 2025 President's Cup

- **Presidents Cup - Semi-Finalist**
  - HSA Select G05 - Coronado, Girls U19, Division 1



# Individual Team Sessions And Uniform Fitting (new players)

## *Individual team sessions*

- *Held right now, or arranged by your coach, if not already done*
- *New players work with coaches to pick a jersey number – **need this before ordering***
- *Coaches will review the team plan for the summer*
- *Decide on assistant coaches, team manager, treasurer, other roles*

## *Uniform Fitting*

- *Held in the lobby – new players and new U11 teams*
- *Make sure you get all sizes and jersey numbers written down for ordering*
- *If you aren't able to do today, work with Paul Hagenson to schedule another session*

# Questions?



**SELECT**